

## Faith in a Cup Which Overflows

A Women's Retreat with Susan Oxley

## Items Required for retreat:

- Cup
- 3 pictures which <u>represent hope</u> to YOU. Please email to (<u>lisa@communityofchrist.ca</u>) as soon as possible.

## Saturday, March 20

Pacific - 9:00 am; Mountain/SK - 10:00 am

- 9:00 Opening Worship
- 9:20 Break
- 9:30 Session 1: Gratitude and the Art of Receiving
- 10:30 Break (10 minutes)
- 10:40 Session 2: Hope and the Art of Living
- 11:40 Lunch (1 hr 20 minutes)
- 1:00 Activity
- 1:45 Break (5 minutes)
- 1:50 Session 3: Love and the Art of Connecting
- 3:00 Adjourn

Sunday, March 21 Pacific - 10:00 am; Mountain/SK – 11:00 am

10:00 Closing Worship

Director: Amanda Senga (amanda.senga@gmail.com)

Questions or assistance with online registration: lisa@communityofchrist.ca