



**We are a new Community of Christ online emerging congregation
dedicated to exploring our spiritual connections**

www.awakeningspirituality.ca

Awakening Spirituality (AS) is an emerging community for seekers—people drawn to the spiritual quest.

Some people are drawn to spiritual practices outside of religious norms and structures. We support people who are seeking life-fulfilling experiences that differ from conventional congregational experiences. We support seekers inside and outside the church who want a personal relationship with the divine.

AS is a safe space to ask questions: Who am I? Why am I here? What is my purpose? What is the true nature of God, Goddess, Creator? Do we even need these titles? How can I develop my relationship with spirit?

AS is a safe space to explore practices, ancient and modern, and to develop healthy, creative approaches to spiritual growth.

A spirit of acceptance, authenticity, inquiry, and inclusivity guides our activities. New ideas are welcome, and old ideas are reviewed through a new lens.

As an open, evolving group of seekers, we also enjoy a sense of fun.

Our activities fall into three streams:

- Workshops, webinars and events
- Spiritual Development Circles
- Podcasts and Spiritual Lifestory Writing



Come join us:

- Hang out with us online and participate as you can.
- Become a co-creator. Our leadership team is inventive and collaborative. We are open to working with others who feel drawn to shaping AS from the ground up.
- Transfer your Community of Christ membership to AS if you don't have a home congregation that meets your needs.

FAQs

What is AS? Where are you located?

AS is an online emerging congregation/community that is evolving and growing. Since our formal activities began in 2020, we have been abiding by COVID-19 regulations as set out by the province of Ontario.

We hope to hold retreats and gatherings when it is safe to resume in-person activities. In the meantime, the good news is that so long as you have access to Wi-Fi, you can join in.

The plus side of meeting online is that people from anywhere and everywhere can take part. Creative options for developing a grassroots group like AS are also flexible because geography is not an issue.

Who founded AS? Do I have to be a member to take part in an activity?

The AS founding group is made up of ten+ people based in Southern Ontario, Canada. Some have roots in the mainline Christian denomination known as Community of Christ. Other members do not.

Anyone can take part in AS activities, at their own comfort level:

Spiritual Development Circles are small groups of 5-9 people who want to explore topics and practices in safe settings

Podcasts & spiritual lifestory writing shed light on the lives and passions of various practitioners.

Workshops, events & webinars offer the chance to learn from teachers, practitioners and avid seekers who are willing to share their expertise.

How often do you meet? How can I join you?

- Spiritual development circles meet once a week.
- A New Podcast airs the first of each month
- Our webinars are offered throughout the month

Learn more:

Find out if AS meets your needs. Browse our website. Listen to a podcast. Take a webinar. Join a circle of like-minded seekers.

Or, simply email the pastor,

Tina Heathers at
tina@awakeningspirituality.ca

