



12th Annual Health & Spirituality Workshop

SAVE THE DATE!

Community of Christ Temple
201 S. River Blvd.
Independence, MO 64050

August 21 & 22, 2014
(Thursday evening and all day Friday)

Discounts for:

- ◆ **TMC Employees**
- ◆ **Seniors**
- ◆ **Yg. Adults 18-30**

Skill-building Opportunity for:

- Nurses
- Hospice Workers
- Health Professionals
- Social Workers
- Family Therapists
- Pastoral Ministers
- Caregivers
- Students
- Counselors
- Seminarians

Nursing Continuing Education and

professional certificates
of attendance are
available
*Scholarships may be
available.*

For more information, contact:

Health Ministries Assn.
816-833-1000 ext. 1262
HMA@CofChrist.org
www.HMAcofchrist.org

“Self-Renewal During Crisis”

Some call it Crisis; Some call it a Challenge; Others just call it Life.

This Workshop is designed to help each of us realize and develop skills for handling crises in healthy ways. Learn to find personal peace and create spiritual growth in the midst of crisis.

Thursday evening Keynote Address -

Open to Public at no charge!

“Five Crises that Heal”

Family Psychologist
Wes Crenshaw, PhD



Dr. Wes is a frequent guest on local and national public radio and TV. Now you can meet and hear him in person. He believes Crises are Inevitable; Healing is optional. From the time we're born, life poses one problem after another. Our job is to cope, survive and thrive. Dr. Wes will identify five human crises we all share, and how they bring positive change.

Friday 12 Skill-building Sessions

Morning: Exploring Crises/Life Transitions

Afternoon: Exploring Self-renewal/Healing Approaches

Co-sponsored



Community of Christ
TEMPLE STRATEGY TEAM