

Men's Retreat

@ McGowan's Lake

Theme:

“Courage & Honour”



September 17 – 19, 2010

***Guest Minister:
Bishop, Robert Hodgson***

Director
Sean Pigeon
(613) 829-5715

Campground Phone
(613) 268-2786

Schedule

Friday

7:00 PM Arrive & Register
8:30 PM Orientation
9:00 PM Campfire
9:30 PM Snack
11:00 PM Lights out

Saturday

8:00 AM Rise and shine
8:30 AM Devotions
9:00 AM Breakfast
10:00 AM **Class**

11:15 AM Relax
12:00 Noon Lunch

1:00 PM Shoes off (*Optional*)
2:00 PM Work Project
5:30 PM Dinner
6:30 PM **Class**

8:30 PM Movie Night
10:00 PM Snack
11:00 PM Lights out

Sunday

8:30 AM Breakfast
9:00 AM Morning Devotions
9:30 AM **Class**

11:00 AM **Closing Service**
12:00 PM Lunch

Staff

Director: Elder, Sean Pigeon
(613) 829-5715

Business Mngr: Jim Kelley
(613) 824-4051

Cooks: Christine Pigeon
Wendy Hache

Cost: \$60.00 per camper

* Note cost includes insurance, site fees,
course materials and meals.

Please register with **Jim Kelley**
(613)824-4051 or meljimkelley@rogers.com

**Bring warm clothes, a sleeping bag
A small heater (if you have one)
& personal belongings.**

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Take advantage of ***Fine Fellowship,
Joyful Worship, Great Food and
our Wonderful Campgrounds.***

